

om śrī paramātmāne namaḥ. atha pañcadaśo'dhyāyaḥ. puruṣottamayogaḥ.

śrībhagavānuvāca ūrdhvamūlamadhaḥśākhā aśvattham prāhuravyayam chandāmsi yasya parṇāni yastam veda sa vedavit	1	yatanto yoginaścainam paśyantyātmanyavasthitam yatanto'pyakṛtātmānaḥ nainam paśyantyacetasaḥ	11
adhaścordhvaṁ prasṛtāstasya śākhāḥ guṇappravṛddhā viśayappravālāḥ adhaśca mūlānyanusantatāni karmānubandhīni manuṣyaloke	2	yadādityagataṁ tejaḥ jagadbhāsayate'khilam yaccandramasi yaccāgnau tattejo vidhi māmakam	12
na rūpamasyeha tathopalabhyate nānto na cādirna ca sampratiṣṭhā aśvatthamenam suvirūḍhamūlam asaṅgaśastreṇa drḍhena chittvā	3	gāmāviśya ca bhūtāni dhārayāmyahamojaśā puṣṇāmi cauśadhīḥ sarvāḥ somo bhūtvā rasātmakaḥ	13
tataḥ padaṁ tatparimārgitavyam yasmingatā na nivartanti bhūyaḥ tameva cādyaṁ puruṣam prapadye yataḥ pravṛttiḥ prasṛtā purāṇī	4	aham vaiśvānaro bhūtvā prāṇinām dehamāśritaḥ prāṇāpānasamāyuktaḥ pacāmyannam caturvidham	14
nirmānamohā jītasāṅgadoṣāḥ adhyātmanityā vinivṛttakāmāḥ dvandvairvimuktāḥ sukhaduḥkhasamjñaiḥ gacchantyamūḍhāḥ padamavyayam tat	5	sarvasya cāham ḥṛdi samniviṣṭaḥ mattaḥ smṛtirjñānamapohanam ca vedaiśca sarvairahameva vedyaḥ vedāntakṛdvedadeva cāham	15
na tadbhāsayate sūryaḥ na śaśāṅko na pāvakaḥ yadgatvā na nivartante taddhāma paramam mama	6	dvāvimau puruṣau loke kṣaraścākṣara eva ca kṣaraḥ sarvāṇi bhūtāni kūṣastho'kṣara ucyate	16
mamaivāṁśo jīvaloke jīvabhūtaḥ sanātanaḥ manaḥṣaṣṭhānīndriyāṇi prakṛtisthāni karṣati	7	uttamaḥ puruṣastvanyaḥ paramātmetyudāhṛtaḥ yo lokatrayamāviśya bibhartavyaya īśvaraḥ	17
śarīram yadavāpnoti yaccāpyutkrāmatīśvaraḥ gṛhītvaītāni samyāti vāyurgandhānīvāśayāt	8	yasmātkṣaramatīto'ham akṣarādapi cottamaḥ ato'smi loke vede ca prathitaḥ puruṣottamaḥ	18
śrotram cakṣuḥsparśanam ca rasanam ghrāṇameva ca adhiṣṭhāya manaścāyam viśayānupasevate	9	yo māmevamasamūḍhaḥ jānāti puruṣottamam sa sarvavidbhajati mām sarvabhāvena bhārata	19
utkrāmantaṁ sthitaṁ vāpi bhuñjānam vā guṇānvitam vimūḍhā nānupaśyanti paśyanti jñānacakṣuṣaḥ	10	iti guhyatamaṁ śāstram idamuktaṁ mayānagha etadbuddhvā buddhimānsyāt kṛtakṛtyaśca bhārata	20

om tat sat

iti śrīmad bhagavad gītāsu upaniṣatsu brahmavidyāyām yogaśāstre śrīkṛṣṇārjunasaṁvāde puruṣottamayogo nāma pañcadaśo'dhyāyaḥ.